| Allergy Friendly Information | Gluten Free | Dairy Free | Nut Free |  | Vegan |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Egg and Cheese | (Sub GF) |  | Yes |  |  |
| Bacon Egg and Cheese | (Sub GF) |  | Yes |  |  |
| Sausage Egg and Cheese | (Sub GF) |  | Yes |  |  |
| Vegan Bagel |  | Yes | Yes | Yes | (contains sesame) |
| Burrito |  |  | Yes |  |  |
| Acai |  | Yes | Yes |  |  |
| Overnight Oats |  |  |  |  |  |
| Yogurt Parfait | (GF w/no granola) |  | Yes |  |  |
| Egg Bites | Yes |  | Yes |  |  |
| Bacon | Yes | Yes | Yes |  |  |
| Hashbrown | Yes | Yes | Yes |  | Yes |
| Bagel |  | Yes | Yes | Yes | (contains sesame) |
| Everything Bagel |  | Yes | Yes | Yes | (contains sesame) |
| Croissant |  |  | Yes |  |  |
| English Muffin |  |  | Yes |  |  |
| Gluten free bread | Yes | Yes | Yes | Yes | (contains sesame) |
| Muffins (Blueberry, Chocolate chip, Banana nut) |  |  |  |  |  |
| Lemon Loaf |  |  | Yes |  |  |
| Waffle |  |  | Yes |  |  |
| Cake Pop |  |  |  |  |  |
| Avocado Toast | (sub gf) |  |  |  |  |
| Nutella | (sub gf, w/no granola) |  |  |  |  |
| Salads |  |  |  |  |  |
| Chopped | Yes |  | Yes |  |  |
| Caesar | (gf w/no croutons) |  | Yes |  |  |
| Strawberry | Yes |  |  |  |  |
| Wraps |  |  |  |  |  |
| Sesame Chicken |  |  |  | (contains sesame) |  |
| Tuna | Yes |  |  |  |  |
| Chicken Caesar | Yes |  |  |  |  |

